



MICHIGAN HEALTH & HOSPITAL ASSOCIATION

Advocating for hospitals and the patients they serve.

Healthy Food Hospitals Campaign 2011 Member Pledge Form

Hospital/Health System Name: _____

City: _____

Name of CEO/President: _____

Designated Project Director: _____

▪ E-mail: _____

▪ Phone: _____

This hospital/health system hereby pledges to adopt the community health improvement initiative set forth by the Michigan Health & Hospital Association (MHA) to model healthy food environments as outlined below. This facility supports the following four star initiative: *(Please check all that apply)*

All Star Participant: This hospital/health system pledges to accomplish stars 1, 2 and 3 by Jan. 1, 2013, and star 4 by Jan. 1, 2020 (if checked, please move on to the signature portion of this document).

☆ **Star 1: Default non-select pediatric patient menus for children 2-18 meet the American Heart Association guidelines.**

- This hospital/health system pledges to accomplish star 1 by Jan. 1, 2013.
- This hospital/health system pledges to accomplish star 1 by _____ (DATE).
- This hospital/health system has already accomplished star 1.
- This hospital/health system does not plan to pursue star 1 at this time.
- This hospital/health system does not have a pediatric unit and does not plan to pursue star 1 at this time.

☆☆ **Star 2: Transition to healthy beverages.** The default choice on pediatric patient menus/trays should be milk or water. When juice is served, only 100 percent juice should be served. When serving milk, serve recombinant bovine growth hormone (rBGH) free milk and non fat (skim) milk or low-fat



SPENCER JOHNSON, PRESIDENT

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www.mha.org

when deemed medically appropriate; use Bisphenol A (BPA) free containers and/or reusable cups. The healthy beverage transition should also be applied to adults when applicable.

- This hospital/health system pledges to accomplish star 2 by Jan. 1, 2013.
- This hospital/health system pledges to accomplish star 2 by _____ (DATE).
- This hospital/health system has already accomplished star 2.
- This hospital/health system does not plan to pursue star 2 at this time.
- This hospital/health system does not have a pediatric unit and does not plan to pursue star 2 at this time.

☆☆☆Star 3: Label nutritional content in cafeteria offerings.

- This hospital/health system pledges to accomplish star 3 by Jan. 1, 2013.
- This hospital/health system pledges to accomplish star 3 by _____ (DATE).
- This hospital/health system has already accomplished star 3.
- This hospital/health system does not plan to pursue star 3 at this time.

☆☆☆☆Star 4: Healthy eating starts with a healthy food system. In an effort to provide an ongoing evolving resource to hospitals to continue modeling healthy food environments, the following commitment is recommended. Sign the resolution of support for the Michigan Good Food Charter challenging institutions, and thus hospitals, commit to purchase at least 20 percent Michigan grown and produced foods by 2020.

- This hospital/health system pledges to accomplish star 4 by Jan. 1, 2020.
- This hospital/health system pledges to accomplish star 4 by _____ (DATE).
- This hospital/health system has already accomplished star 4.
- This hospital/health system does not plan to pursue star 4 at this time.

I have read and understand the enclosed materials from the MHA regarding the *Healthy Food Hospitals* campaign. I commit to fully educating my staff/colleagues and implementing the initiative by using the tools and information provided by the MHA. **If I have indicated that my hospital has already accomplished a star, I will provide a brief paragraph describing its activities on the evaluation tab of the website located at: www.healthyfoodhospitals.org.**

Signature

Date

Please submit this signed pledge to Paige Hathaway via fax or mail:
Michigan Health & Hospital Association 6215 West St. Joseph Hwy. Lansing, MI 48917
Fax: (517) 703-0611 • E-mail: phathaway@mha.org • Phone: (517) 323-3443

If you have questions about *any* of the stars above, please contact Paige Hathaway at the e-mail address and phone number listed above.